



Centre for Addiction and Mental Health  
Centre de toxicomanie et de santé mentale

Program# \_\_\_\_\_

Client Name: \_\_\_\_\_

Counsellor: \_\_\_\_\_

Date: \_\_\_\_\_

## HEALTH SCREENING

### A. Acute Medical Problems

Are there acute medical complications that may require referral to emergency/hospital for immediate medical assessment?

Yes \_\_\_\_\_

No

### MEDICAL PROBLEMS THAT MAY REQUIRE MEDICAL ASSESSMENT

#### B. Medical History

When did you last see a physician? Who is your physician?

Are you currently in any type of treatment or counselling for emotional or mental health problems?  
Is there a threat of harm to self or others?

Have you had any hospitalizations in the last year? For what reasons?

List all current medications (dosage).

**C. Health Screening**

Check all indicated and note concerns:

- unmanaged diabetes
- history of seizures/epilepsy
- cancer
- eating disorders (bulimia, anorexia, under/over eating)
- heart disease
- blood pressure problems
- liver disease (hepatitis-cirrhosis)
- kidney disease
- jaundice
- menstrual/menopausal difficulties
- possible pregnancy
- pancreatitis
- physical or sexual abuse
- emotional/verbal abuse
- recent untreated injuries
- risk of infectious diseases  \_\_\_\_\_  
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- Sexually Transmitted Diseases (syphilis, gonorrhea, chlamydia, herpes)
- lice/scabies
- stomach problems (ulcers, gastritis)
- tuberculosis
- head injury
- other

**Clinical Notes/Referrals Needed:**