



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

Program #

Your Name:

Counsellor:

Date:

TREATMENT ENTRY QUESTIONNAIRE

INSTRUCTIONS: Please indicate whether you agree or disagree with each of the following statements by placing the number that best reflects your own personal opinion in the blank provided. Remember, there are no right or wrong answers, and your responses are completely confidential.

Use the following scale to make your ratings

1 2 3 4 5 6 7

Strongly Disagree

Strongly Agree

1. I decided to enter a program because I was interested in getting help.
2. I decided to enter a program because I won't like myself very much unless my substance abuse problem is under control.
3. If I remain in treatment it will probably be because others will be angry with me if I don't.
4. I decided to enter a program because I really want to make some changes in my life.
5. I plan to go through with treatment because I'll be ashamed of myself if I don't.
6. The reason I am in treatment is because other people have pressured me into being here.
7. If I remain in treatment it will probably be because I'll feel like a failure if I don't.
8. I decided to enter a program because it feels important for me personally to deal with my substance abuse problem.
9. I have agreed to follow a treatment program because I will get in trouble with my friends and family if I don't follow all the guidelines.
10. I plan to go through with a treatment program because not abusing alcohol and drugs is a choice I really want to make.
11. If I remain in treatment it will probably be because I'll feel very bad about myself if I don't.
12. I have agreed to follow a treatment program because I was pressured to come.
